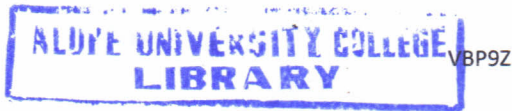


SPC 111



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**OFFICE OF THE DEPUTY PRINCIPAL
ACADEMICS, STUDENT AFFAIRS AND RESEARCH**

UNIVERSITY EXAMINATIONS

2017/2018 ACADEMIC YEAR

FIRST YEAR FIRST SEMESTER EXAMINATION

**FOR THE DEGREE OF BACHELOR
OF SCIENCE IN COUNSELLING
PSYCHOLOGY**

**SCHOOL: EDUCATION AND
SOCIAL SCIENCES**

COURSE CODE: SPC 111

**COURSE TITLE: HUMAN RELATIONS IN
COUNSELLING**

DATE: 19th December, 2017 TIME: 2.00pm-5.00pm

For examiner's Use Only

Question	I.E	E.E
CAT		
EXAM		
TOTAL		

INSTRUCTION TO CANDIDATES: SEE INSIDE

THIS PAPER CONSISTS OF 19 PRINTED PAGES

PLEASE TURN OVER

Insert the numbers of the questions you have answered in the order done

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Student Admission No.....Exam Card No.....Signature.....

INSTRUCTIONS TO CANDIDATES

1. Write your **Admission Number**, **Exam Card Number** and **Sign** in the spaces provided at the bottom of each page of the Examination Booklet. **DO NOT** write your name anywhere in this booklet.
2. Write on both sides of the pages.
3. All rough work must be done in the Answer sheets and crossed through.
4. If supplementary pages are used, they must be fastened all together at the end of this Booklet. Supplementary pages should be used only after all the leaves in the booklet have been exhausted.
5. It is a serious examination offence to cheat or to have unauthorized materials including **MOBILE PHONES** (whether on or off) in the examination venue.
6. In no circumstances must Answer Booklet used or unused, be removed from the examination room by a candidate.
7. The Booklet is for **Examination use only** in a designated examination room. Unauthorized possession of the Answer sheets by a student or any other person constitutes an examination irregularity calling for stiff disciplinary action.
8. Do not pluck any page from this Booklet. Any extra/unused answer sheets should be returned to the **Examination Office**.
9. Candidates who come to examination room 30 minutes late will not be allowed to sit for the exam.
10. Candidates will not be allowed to leave the exam room once the exam commences.
11. Candidates are advised that importance is attached by examiners to accuracy and clarity of expression.
12. Committing any form of irregularity is prohibited and shall attract severe disciplinary action in accordance with Alupe University College Examination Regulations.

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INSTRUCTIONS: Answer Question ONE (COMPULSORY) and any other TWO Questions

- 1 a) Give FIVE reasons why a counselor should be ethical while practicing (5 marks)
- b) Explain FOUR ethical principles that a counselor should adopt (8 marks)
- c) Discuss what a counselor should take precaution of when using the skill of empathy (7 marks)
- d) Discuss the human relations counseling model (10 marks)
- 2 a) Briefly explain the following human relational skills in counseling (20 marks)
- i) Knowledge of clients (4 marks)
 - ii) Patience (4 marks)
 - iii) Transparency (4 marks)
 - iv) Being approachable (4 marks)
 - v) Emotional stability (4 marks)
- 3 a) Explain FIVE reasons why a counselor should search for knowledge and engage in research (10marks)
- b) Discuss FIVE principles that should guide research in counseling (10 marks)
- 4 a) Describe FIVE characteristics of individual and group counseling (10 marks)
- b) Explain FIVE counseling techniques that can be used in group counseling (5 marks)
- c) Identify FIVE disadvantages of group counseling (5 marks)
- 5 a) Discuss FIVE importance of confidentiality and informed consent in counseling (10marks)
- b) Describe FIVE skills that can be used by a counselor to handle the problem of personal and interpersonal relations (10 marks)

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