



ALUPE UNIVERSITY
COLLEGE
... Bastion of Knowledge...

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**OFFICE OF THE DEPUTY PRINCIPAL
ACADEMIC, RESEARCH AND STUDENT AFFAIRS
UNIVERSITY EXAMINATIONS**

2018 /2019 ACADEMIC YEAR

SECOND YEAR FIRST SEMESTER REGULAR EXAMINATION

**FOR THE DEGREE OF BACHELOR OF SCIENCE
(MEDICAL PSYCHOLOGY)**

COURSE CODE: BPB 213

COURSE TITLE: ABNORMAL PSYCHOLOGY

DATE: 17TH DEC, 2018

TIME: 2:00 PM – 5.00 PM

INSTRUCTION TO CANDIDATES

- SEE INSIDE



THIS PAPER CONSISTS OF 5 PRINTED PAGES

PLEASE TURN OVER

BPB 213: ABNORMAL PSYCHOLOGY

BSC MEDICAL PSYCHOLOGY

DURATION: 3 HOURS

INSTRUCTIONS TO CANDIDATES

- i. Answer *ALL* question in section A and *ANY TWO* in section B and *ONE* question in section C.
- ii. Do not write on the question paper

SECTION A MCQS (15 MARKS)

1. A Psychological disorder is a pattern of abnormal behaviour associated with:-
 - A. Significant emotional distress
 - B. Impaired behaviour
 - C. Inability to function
 - D. All the above
 - E. None of the above
2. Which of the following is NOT true about distress?
 - A. Generalized feeling of being happy
 - B. Physically unwell
 - C. Psychosocially stressed
 - D. Symptoms of Psychiatric Disorder
 - E. Generalized feelings of being unhappy
3. Mental illness is possible to anyone at anytime
 - A. True
 - B. False
 - C. Debatable
 - D. Not sure
 - E. None of the above
4. Which of the following does NOT define culture
 - A. Time
 - B. Period
 - C. Place
 - D. Education
 - E. Upbringing

- There is no clear line between what is normal and abnormal:-
- A. True
 - B. False
 - C. Debatable
 - D. Not sure
 - E. Not known
6. How does one determines what is Normal or Abnormal
- A. Culture relativism
 - B. Unusualness of behaviour
 - C. Distress or comfort of the person exhibiting the behaviour
 - D. Ethnicity
 - E. Environment
7. Which of the following statement is true
- A. There are no universal standard for labeling a behaviour as normal in culture relativism
 - B. There are universal standard for labeling a behaviour as normal in culture relativism
 - C. In many cultures around the world it is considered abnormal for family members to sleep together in one room
 - D. None of the above
 - E. All the above
8. Mental illness implies that
- A. Disease is a process
 - B. No medical test that identifies mental illness
 - C. It is a label for a set of defines symptoms
 - D. All the above
 - E. None of the above
9. What are the 4 D's of abnormality
- A. Danger, Distress, Distance, Deviance
 - B. Distance, Dysfunction, Deviance, Danger
 - C. Danger, Distress, Dysfunction, Deviance
 - D. Distress, Dysfunction, Distance Danger
 - E. None of the above
10. Historical perspective of mental illness is
- A. Breakdown of some symptoms of the body

- B. Divine Intervention
 - C. Mental disorder as a result of trauma
 - D. All the above
 - E. None of the above
11. In the olden days mentally ill patients used to be treated in the following ways except
- A. Exhibited in public places at a fee
 - B. They lived in un filthy and not confined
 - C. Often chained to walls
 - D. Locked in small boxes
 - E. They lived in filthy and confined
12. Which of the following is NOT an AXIS 1 disorder
- A. Schizotypal personality disorder
 - B. Anxiety disorder
 - C. Bipolar disorder
 - D. Schizophrenia
 - E. Acute stress disorder
13. Which of the following is NOT a way of defining psychopathology
- A. Deviation from the statistical norm
 - B. Distress and impairment
 - C. Measuring IQ
 - D. Maladaptive behaviour
 - E. Bizarre Behaviour
- 14 Which of the following is a problem associated with DSM IV
- A. Classification is based on causes
 - B. Classification is based on symptoms alone
 - C. Classification is based on behaviour
 - D. Classification is based on strength of emotion
 - E. Classification based on the environment
15. Criteria for determining Normal and Abnormal is
- A. Distress or discomfort of the person exhibiting the behaviour
 - B. Depends on the culture
 - C. Culture Ethnocentrism
 - D. Social exhibition
 - E. Physical exhibition

SECTION B: SAQs (25 MARKS)

1. A 9 years Standard 3 child came to school crying and biting herself due to lack of redress from her biological father. You had been called to assess the child by the school nurse. What issues do you think this child may be going through and how best will she be able to assist this child? (12.5 Marks)
2. A dysfunctional family with an alcoholic father and a depressed mother with a child who has conduct disorder sent away from school due to substance use. What are the FIVE Axis classification system will you be able to outline in this case. Elaborate more in AXIS IV (12.5 Marks)
3. What are the determinants of abnormality or normalcy? (12.5 Marks)

SECTION C: LAQs (30 MARKS)

1. Discuss gender roles in a Community you are familiar with in Kenya giving examples as appropriate to demonstrate your perspectives. (30 Marks)
2. Discuss Biological, psychological, and social cultural perspectives of mental illness (30 Marks)

