



**ALUPE UNIVERSITY**  
**COLLEGE**

*... Bastion of Knowledge...*

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**OFFICE OF THE DEPUTY PRINCIPAL  
ACADEMICS, RESEARCH AND STUDENT AFFAIRS**

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# **UNIVERSITY EXAMINATIONS**

## **2019/2020 ACADEMIC YEAR**

**THIRD YEAR FIRST SEMESTER REGULAR EXAMINATION**

**FOR THE DEGREE OF BACHELOR OF SCIENCE  
IN COUNSELING PSYCHOLOGY**

**COURSE CODE: SPC 314**

**COURSE TITLE: COUNSELING IN HEALTH CARE SETTINGS**

**DATE: 11<sup>TH</sup> DECEMBER , 2019**

**TIME: 8.00AM-11.00AM**

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### **INSTRUCTION TO CANDIDATES**

- SEE INSIDE

**THIS PAPER CONSISTS OF 2 PRINTED PAGES**

**PLEASE TURN OVER**

**INSTRUCTIONS TO THE CANDIDATES**

- i. *Answer question **ONE** and any other **TWO** questions*
- ii. *Do not write on the question paper*

**Question One**

- a) Explain THREE rationale for counseling in health care settings (6Marks)
- b) Discuss FIVE roles of a counselor in a health care setting (10Marks)
- c) Using Carl Rodgers person centered model, explain how a counselor can build a strong therapeutic relationship with a patient (8Marks)
- d) Highlight SIX ethical issues that affect health care setting counseling (6Marks)

**Question Two**

- a) Describe FIVE diverse situations which counselors face in a variety of health care settings (10Marks)
- b) As a counselor how would you respond to a situation where a patient is diagnosed with terminal illness (10Marks)

**Question Three**

- a) Explain the concept palliative care in relationship to counseling in a health care setting (4Marks)
- b) Discuss FIVE principles of palliative care (10Marks)
- c) Highlight SIX procedures you would follow as a counselor to give bad news to a Patient (6Marks)

**Question Four**

- a) Explain THREE ways in which a counselor can protect data and maintain confidentiality in a health care setting (6Marks)
- b) Discuss FOUR importance of working collaboratively in a multi- disciplinary team in a health care setting (8Marks)

- c) In your view, should the Government of Kenya make medical screening compulsory?  
(6Marks)

**Question Five**

- a) Discuss FIVE ways through which solution- focused theory can be applied in  
Counseling in a health care setting (10Marks)
- b) Suggest FIVE ways in which safety procedures can be maintained in hospitals  
in Kenya (10Marks)

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