



OFFICE OF THE DEPUTY PRINCIPAL  
ACADEMICS, RESEARCH AND STUDENT AFFAIRS

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# UNIVERSITY EXAMINATIONS

## 2025/2026 ACADEMIC YEAR

SECOND YEAR FIRST SEMESTER REGULAR EXAMINATION

### FOR THE DIPLOMA IN SOCIAL WORK

**COURSE CODE: DSW 212**

**COURSE TITLE: SOCIAL WORK IN HEALTH AND  
REHABILITATION**

**DATE: 17/12/2025**

**TIME: 2:00PM – 5:00PM**

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### INSTRUCTION TO CANDIDATES

- SEE INSIDE

**THIS PAPER CONSISTS OF 2 PRINTED PAGES**

**PLEASE TURN OVER**

**TIME: 3 HOURS**

**INSTRUCTIONS:**

- Answer **Question ONE (Compulsory)** and **any other TWO (2)** questions.
- Question ONE carries **30 marks**.
- All other questions carry **20 marks each**.

### QUESTION ONE (COMPULSORY) – 30 MARKS

a) Expound the following terms as used in health and rehabilitation:

- Health
- Health care
- Rehabilitation
- Community health
- Rehabilitative counselling

*(10 marks)*

b) Explain the importance of patient as a person in the provision of holistic health care services.

*(6 marks)*

c) Distinguish between **physical health** and **mental health**, giving two examples under each.

*(4 marks)*

d) Discuss **five (5)** importance of **rehabilitation** in social work practice.

*(5 marks)*

e) Describe **five (5)** roles of a **social worker** in the health care system.

*(5 marks)*

### QUESTION TWO – 20 MARKS

a) Explain the **scope of health rehabilitation** in social work practice, citing relevant examples from community and institutional settings.

*(10 marks)*

b) Elaborate **three (3)** major **social and psychological factors** that influence diseases and their treatment.

*(6 marks)*

c) Briefly describe **two (2)** interventions used in modern health care services.

*(4 marks)*

### QUESTION THREE – 20 MARKS

- a) Discuss the **rehabilitation process**, highlighting the key stages involved from assessment to reintegration.  
*(10 marks)*
- b) Identify **three (3) main types of rehabilitation** and their relevance in social work practice.  
*(6 marks)*
- c) Explain **two (2) major rehabilitation settings** commonly used in Kenya.  
*(4 marks)*

### QUESTION FOUR – 20 MARKS

- a) Elaborate **four (4) major components** of Community Based Rehabilitation programs.  
*(10 marks)*
- b) Examine the **role of social workers** in promoting **community-based rehabilitation initiatives** and community empowerment.  
*(10 marks)*

### QUESTION FIVE – 20 MARKS

- a) Discuss the **scope and importance of rehabilitative counselling** in health and social work practice.  
*(10 marks)*
- b) Analyze **four (4) key contributions of social work** towards the enhancement of health care facilities and services.  
*(10 marks)*