



OFFICE OF THE DEPUTY PRINCIPAL

ACADEMICS, RESEARCH AND STUDENT AFFAIRS

UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

SECOND YEAR SEMESTER TWO REGULAR MAIN
EXAMINATION

FOR THE DEGREE OF BACHELOR OF
EDUCATION

COURSE CODE: PSY 211

COURSE TITLE: EDUCATIONAL GUIDANCE AND COUNSELING

DATE: 6TH JUNE, 2022

TIME: 2:00PM-5:00PM

INSTRUCTION TO CANDIDATES

- SEE INSIDE

THIS PAPER CONSISTS OF THREE PRINTED PAGES PLEASE TURN OVER

PSY 211: EDUCATIONAL GUIDANCE AND COUNSELING.

STREAM: BED(Arts)

Time: 3 Hours

INSTRUCTIONS

i) Answer Question ONE and any other TWO questions.

ii) Do not write on the question paper.

Question One (30Marks)

- a) Differentiate between guidance and counseling (6Marks)
- b) Suggest THREE advantages of individual counseling (6Marks)
- c) As a school counselor, highlight SIX common problems that you are likely to handle among your clients. (6Marks)
- d) Discuss THREE barriers to active listening that might be experienced during counseling sessions (6Marks)
- e) Citing relevant examples, examine THREE characteristics of bright/gifted learners (6Marks)

Question Two

- a) Jean a former student joined Alupe secondary school a very brilliant and vibrant student. However, with difficult assignments and so much work she started disliking school. To make matters worse, her end of term one results were so poor due to frequent absenteeism from school as a result of lack of school fees.
 - i) Identify TWO causes of stress that Jean experienced (2Marks)
 - ii) As the school counselor, suggest FOUR:
 - a) Physical symptoms of stress that you might observe in Jean (4Marks)
 - b) Emotional symptoms of stress that Jean might present (4Marks)
 - b) As a trained counselor, discuss FIVE techniques that you can advise members of your community to employ in managing stress in their daily lives (10marks)

Question Three

- a) As a Head of the Counseling Department in your school, examine FIVE roles of your Head teacher in helping the department achieve efficiency and effectiveness in their service delivery (10Marks)

- b) You were appointed the teacher Form Two Delta at Chakol Girls Secondary. Examine FIVE classroom management techniques that you will apply in making your class to become a productive teaching and learning environment (10Marks)

Question Four

- a) Citing relevant examples, suggest FIVE rationale of having guidance and counseling in our contemporary society. (10Marks)
- b) If you were appointed the counseling master in your school, citing relevant examples examine FIVE basic techniques that you will advise your colleague counselors to employ in their service delivery. (10Marks)

Question Five

- a) Using relevant examples, discuss FIVE qualities of a contemporary school counselor. (10Marks)
- b) With relevant examples, explain FIVE areas of guidance and counseling that a counselor will be address in a school setting. (10Marks)

END
